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ABSTRACT

This book explores career development theories and shows how to apply them in a counseling setting. The first three parts of the book cover three major theoretical areas. The four chapters of part one include discussions of trait and factor theory, work adjustment theory, Holland's theory of types, and Myers-Briggs type theory. Part two contains five chapters that cover life-span theory, including Super's life-span theory, career development in childhood, adolescent career development, late adolescent and adult career development, and adult career crises and transitions. The special focus theories examined in part three include the following: psychodynamic approaches to career development, parental influence theories, social learning theory, career decision-making theory, and sociological and economic perspectives on the labor market. Part four discusses theoretical integration, with each theory providing a unique perspective on career development. In addition, the book offers numerous case examples, discusses career testing from a practical and theoretical perspective, and integrates labor market information with career theory. This edition expands coverage of career development concerns for women and minority groups. Additional emphasis is also given to personal factors in career counseling, occupational classification systems, self-efficacy theory, attachment theory, family therapy, and the impact of gender and race on the labor force. The chapters contain reference lists, and an appendix lists tests and publishers. (KC)

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